

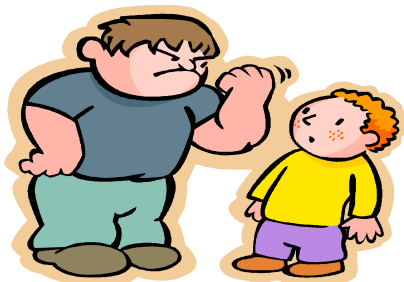
The Roscommon Advocacy Group

“I’d like to choose who I dance with”



An Inclusive Research Project on Bullying

© The Roscommon Advocacy Council 2010 / 2011



This Research was completed by the Advocacy Group who worked as Co-researchers on this project.

The work was completed by:

- Mary Reddy (Castlerea)
- Stacey Myers (Roscommon)
- Sean Keaveney (Elphin)
- Ruth Costello (Athlone)
- Margaret Conneran (Roscommon)
- Tommy Hoey (Roscommon)
- Aoife Hegarty (Strokestown)

What is the Purpose of this Research?

- To demonstrate how individuals can learn and be supported to undertake meaningful & informative pieces of work such as this



- To do a piece of work on an issue that affects many people that experience an intellectual disability and use disability services

Why did we research this topic?

- We talked about Inclusion & other topics that affect people in the community and people with a disability



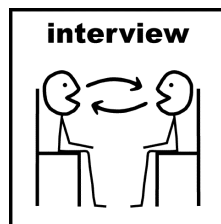
- We had many ideas and decided that we would focus on Bullying for this project

How did we conduct our Research?

- We were supported to develop a **Research Pack** that allowed us to lead the interview with support from chosen staff

(See Appendix 1)

- We were supported to do **six** One-to-one Interviews



- We also conducted a **Focus Group** which was a good way for people to give their opinion on Bullying



- **Confidentiality** was very important!!

But wait a minute!!!

- We had some work to do before we asked the questions...

- We wrote a letter to people to ask them to take part (See Appendix 2)



- Before the interview we asked people to complete a consent form (See Appendix 3)



- ***CONSENT is very important!!***

What the Research found out...



People talked a lot in the interviews and in the Focus Group about what they thought Bullying is?
They said...

“It’s not nice to be told to shut up”

“Being called nasty names...pushing”

“People imitating you”

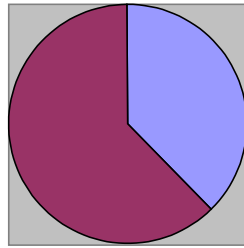
“Being called names on the street”

“Being ignored”

“Damaging your property”

*After discussions on Bullying,
Interviewees were asked have they ever
been bullied?*

- Two thirds of people interviewed said they were bullied



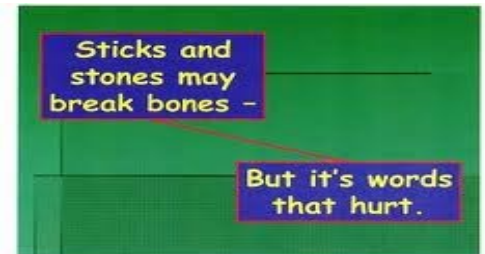
- In the Focus group 85% of people said they were bullied



What should happen?

People interviewed said:

- *“...talk about it and get support to stop the bullying”*
- *“It’s a horrible feeling to be bullied...”*



- *“talk to your friends”*



- *“...maybe by doing a role play of somebody getting bullied would help us understand better...”*



What Next?

- This Bullying Research will be used to highlight the issue of bullying for people that use disability services
- It will also inform a Bullying policy for The Brothers of Charity Services, Roscommon



- The Advocacy Council will use the research in 2011 to educate & raise awareness for people that use the services, for families, staff and members of the community

- *“It will be a voice to be heard...”*
– Sean Keaveney 2010



Advocacy / Research Support & Co-ordination

We were supported to do our interviews by:

Veronica O'Connor
Carolyn O'Brien
Anna Nolan

Nicola Lynch
Kieran Keon
Liz White-Lennon

We are supported to run our Advocacy Group &
Research Projects by:

Kieran Keon & **Anna Nolan**

REFERENCES

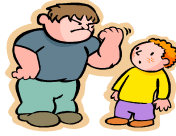


The Universal Declaration of Human Rights

www.un.org

APPENDIX 1

Researcher's Questions on Bullying



- In your own words - What is Bullying?
 - Have you ever been bullied?
 - Can you tell me about it?



- How did you cope with it?
 - Did you get help with the Bullying?



- What do you think should happen to help people who are being bullied?

APPENDIX 2

Date: _____

Re: Bullying Research

Dear _____ ,

I would like to invite you to participate in our Research Project.



We will be talking about Bullying and what it means to you.



If it is suitable, can you meet me and my supporter at

_____ pm in _____



If this time does not suit you, we can rearrange another time.

Please contact me if you have any questions



Regards;

*Advocacy Council Member
& Inclusive Researcher*

APPENDIX 3

Consent form for Research Participants (People being Interviewed)

Please tick if you agree

- The researcher has talked to me about the research



- I have been able to ask questions about the research



- I understand that I will be asked questions about Bullying



- I agree to have what I say recorded



- I can stop being involved at any time on this project



- My answers will be kept confidential



- I agree to take part in this project



We hope you found our Research Project interesting



If you have enquiries please contact us on 090-6628500
kkeon@bocros.org or anolan@bocros.org

You can leave a message for any of us at reception & we will try to get back to you.

There is also a short & entertaining dvd that accompanies this research project. If you would like a copy please contact us & we would be glad to forward a copy to you

© The Roscommon Advocacy Council 2010 / 2011