My Life, My Choice

By Rebecca Martin

Work.....House

Her own Home



Life was...

> Living at home

> Attending a day service

> Frustration and Stress at home

·Life Now...

- > Rents a semi-detached house
- >Small housing estate in her local village
- > lives alone with her cat

> Has many friends in her local community



Rebecca lives her life the way she chooses

With the support she decides



