Supported

- a South Australian Model

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Shared Innovative Learning Event
National Federation Voluntary Bodies
29th January 2014, Portlaoise, Ireland

Attended in November 2013

Supported Decision Making Facilitation Training

hcscc
health & community services complaints commissioner

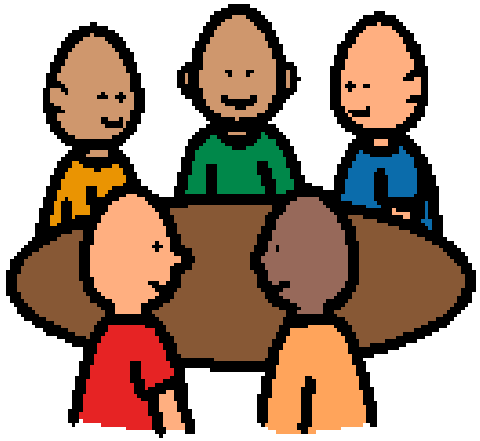
With Cher Nicholson

Supported Decision Making Training Project Officer

Adelaide, South Australia

Acknowledge number of these slides taken from Cher's training

Person Centred Planning



Standard 2.1

Each person has a personal plan which details their needs and outlines the supports required to maximise their personal development and quality of life, in accordance with their wishes.

Health Information and Quality Authority

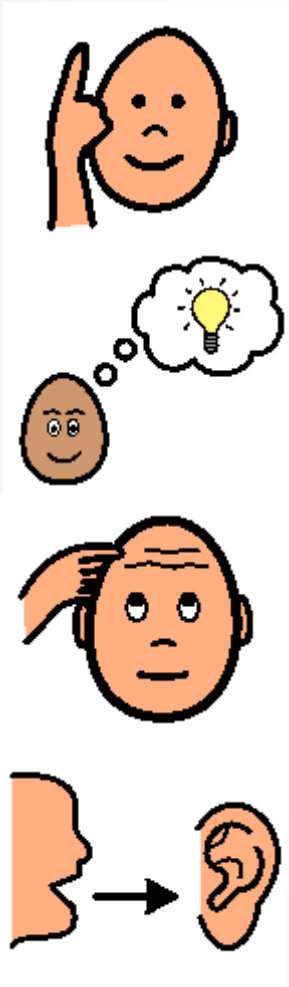
Supported Decision Making

Redefining Success

Model invites all parties to measure success in a different way.

Success is not the enacting of the decision, but whether there is an environment where decisions can be made and respected.

Functional capacity assessment



A person lacks the capacity to make a decision if he or she is unable -

(a) to understand the information relevant to the decision

(*b*) to retain that information

(*c*) to use or weigh that information as part of the process of making the decision, or

(*d*) to communicate his or her decision

Bach proposes different perspective

Capacity is the ability, with assistance as needed, to understand the nature and consequences of a decision, within the context of the available range of options, and to communicate that decision, with assistance as needed

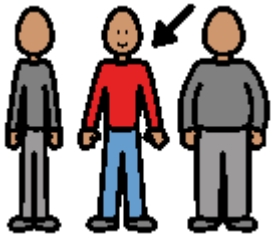
Where a person cannot meet this, even with assistance, capacity can also mean the ability to express one's intention and to communicate one's personhood (wishes, vision for the future, needs strengths, personal attachments) to a trusted group of others, chosen by the individual who ...recognise the individual as a full person and commit to acting on or representing that person's.. Intentions and personhood.

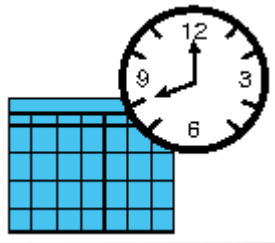
The Decision Maker will need to be able to:

- Express a wish to receive support
- Form a trusting relationship with another (supporter)
- Indicate what decisions they want support with
- Indicate who they wish to receive support from and for which decisions
- Express a wish to end support if that time comes
- Be aware that they are responsible the final decision and not their supporter
- Agree not to act until they have used the process

Key ingredients

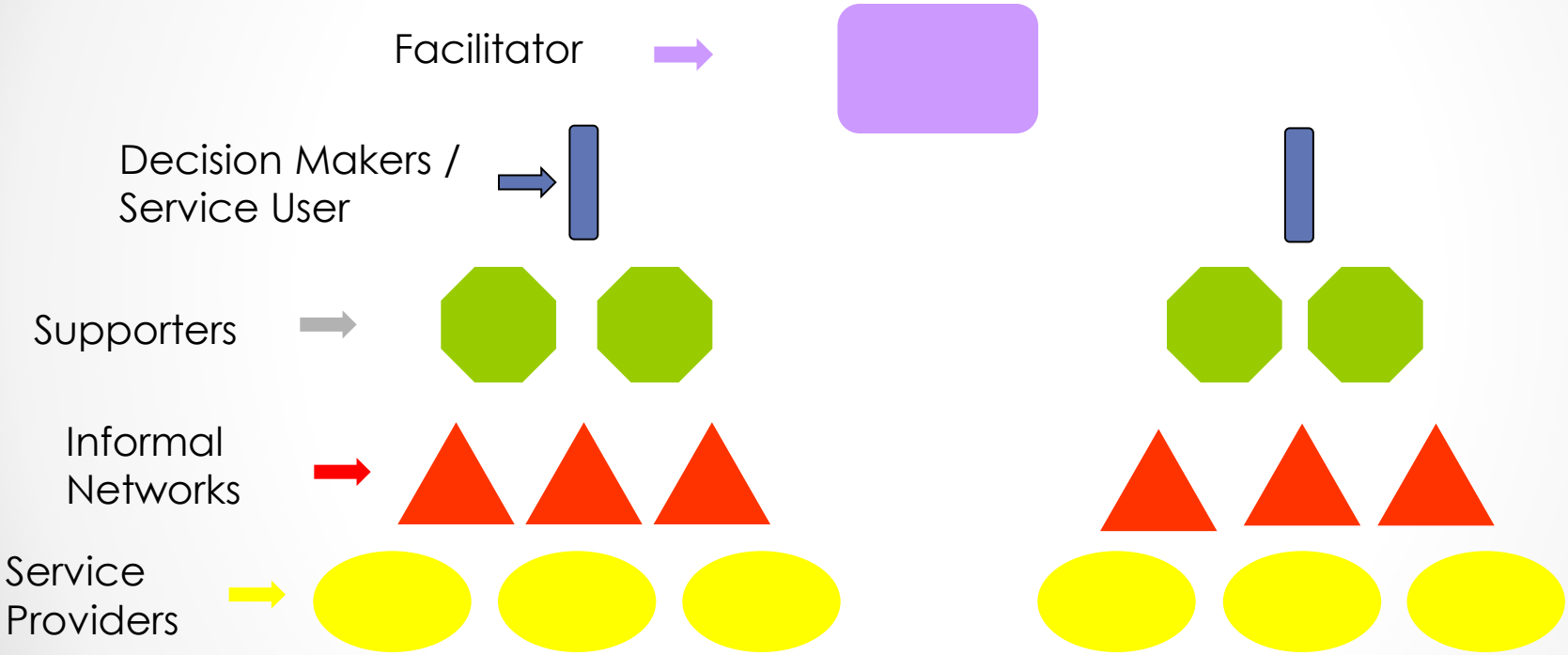
- Participants must self select
- Decision Maker must choose their Supporter(s)
- All roles are clearly defined
- All parties sign a SDM agreement
- Agreements are for a fixed period of time
- Agreements are very individualised





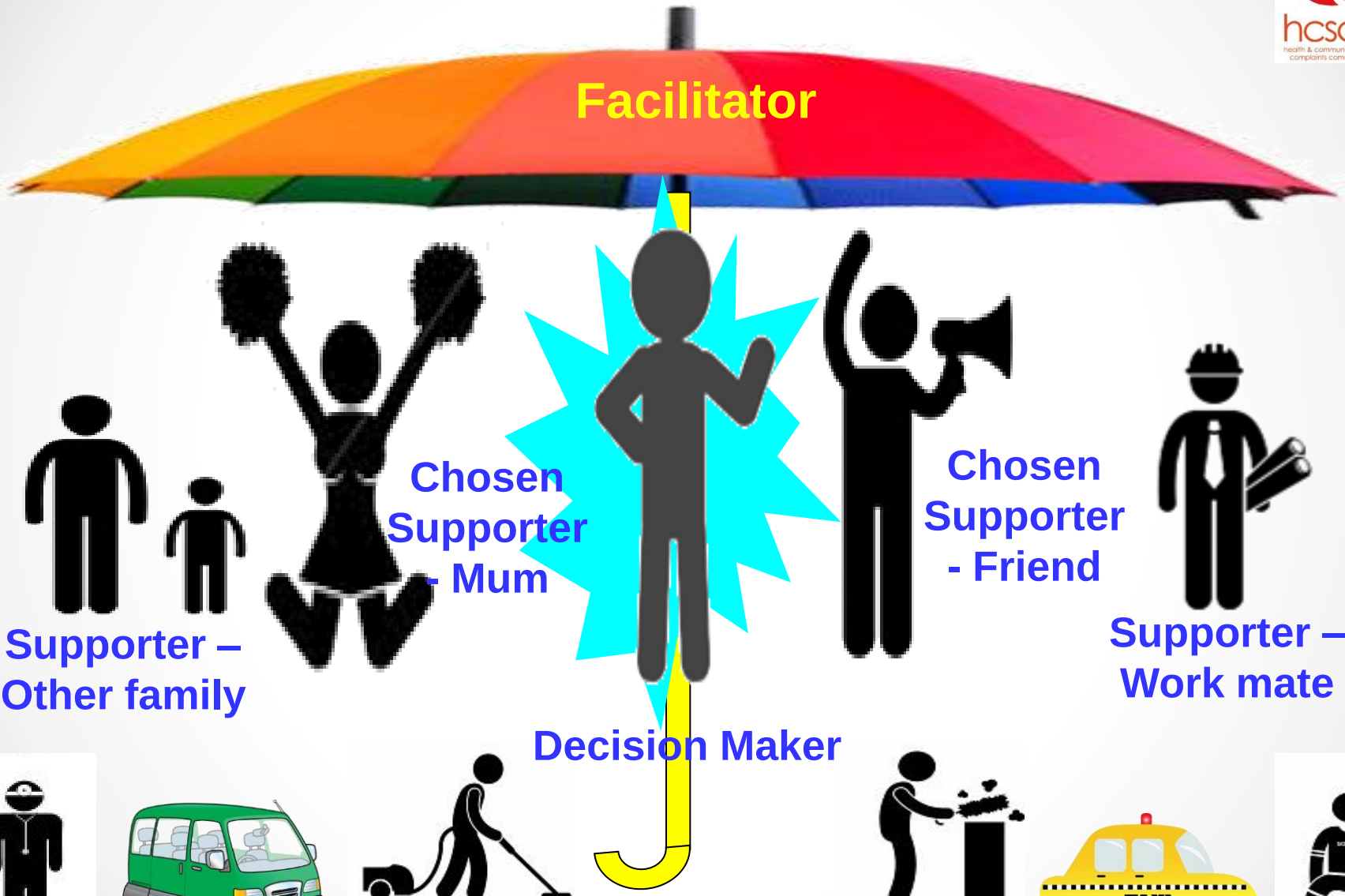
Community Development Model

Trainer – Cher Nicholson HCSCC



= 20 (including Trainer)

SDM Practice Model



Examples of Support

- Identify the options available
- Go through the pros and cons
- Analyse options - link to DM's values and preferences
- Identify similarities and differences between this decision and past decisions.
- Access / convert information to a format that the DM can understand.
- Obtain advice from resources within the community.
- Support the DM to communicate their decision
- Advocate for the implementation of the person's wishes

Support not Rescue

Supporters:

- Listen
- Respect
- Reflect
- Explore
- Assist
- Empower

Facilitator's responsibility to clarify roles

Support not Rescue

Rescuers:

- Give advice
- Know best
- Disempower
- Jump to conclusions
- Don't listen
- Talk a lot

Facilitator's responsibility to clarify roles

Potential Challenges

- Moving from *Best Interest* to *Will and Preference*
- Supporter may have other roles in DM's life
- DM may not identify Supporter from natural network
- Each SDM agreement will be unique
- The Model is new ground for Ireland
- We live in a risk averse society

Some Outcomes from SA

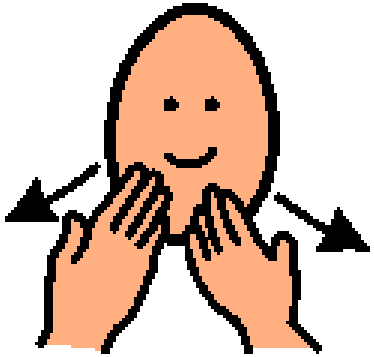
- Increased confidence
- Led to self advocacy
- Agreement had symbolic value
- Challenged & changed perceptions
- Enhanced capacity

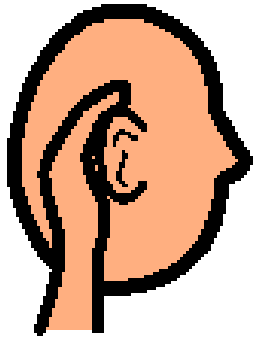
The major lesson of the pilot program was that PWDs will blossom if they are unconstrained by the judgment of others, and given opportunities to control their own lives.

Cher Nicholson and Piers Gooding, August 2013

I MADE 120
DECISIONS TODAY...
ALL OF THEM WRONG.

Thank you for listening





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