# Key Investments Agencies Need to Make in Ensuring Person Centered Systems Transformation

Pat Fratangelo
Onondaga Community Living
Syracuse, NY USA

#### OCL

 Historically a provider of group home services with predetermined outcomes

Currently we have nothing to offer

 Own homes, neighborhoods, jobs, education family and social life

# Dr. Inge Missmahi

 Need to understand and change the focus to change the behavior

# Systems Change or Changing a Person's Life

 Rhetoric or improvement of life and lifestyles

## Can Any (Large) Agency Change?

- Yes!!
- Looking deeper not wider
- Looking beyond the already predetermined answers
- Learning to listen
- Redistributing money
- People being supported in new ways will help to teach others.

- Change in conversation
- Open minds to possibilities
- Ordinary people ordinary lives
- Start with a person and not a program
- Cultural shift not a new program
- Developing allies, welcoming people into conversation
- Not waiting for policy or funding changes but instead working within the system to refocus on a person's needs.

### Leadership

- Courageous
- Tenacious
- Know the compass heading
- Development of Strength, Knowledge and Wisdom
- Shared leadership
- Power with people supported and families
- Being able to let go with the transfer of power and understanding
- Flexibility
- Right people right relationship
- Welcoming of community supports and people

### **Existential Courage**

- Commitment. No matter how bad things get, plan to stay involved, don't pull back
- Control. Keep trying to influence the outcome, don't sink into powerlessness
- Challenge. Accept that stress is both a natural part of living and an opportunity to grow, rather than always feeling entitled to easy comfort and security.
  - · Hardiness Institute in Irvine, California

#### Vulnerabilities and Safeguards

- For people served
- For families
- For agencies
- For government
- You need to know what to protect
- You need to know what is negotiable
- You need to the end result that you are trying to achieve

#### Results

- The agency changes based on what people teach them
- The staff change based on new supports and expectations
- The policies changes based on person driven responses versus program determined outcomes
- The government changes as success is proven
- Costs can be redistributed

- Costs/person of individual day supports is \$10,000 less/person than group day supports
- Costs/individualized residential supports on average is less than the costs of group services
- Community People remaining in life sharing (unpaid) roles have now reached the 18 year level
- People lives are more content
- Behaviors and medications have decreased, incidents are almost non existent
- Our least expensive person served at this time was deemed (20 years ago) as one of the 5 most dangerous people coming out of a forensic center

#### **Contact Information**

- Pat Fratangelo
- Onondaga Community Living 518 James Street, Suite 110 Syracuse, New York 13203 USA

patfrat@oclinc.org
www.oclinc.org

Book – One Person at a Time - Fratangelo, Olney, Lehr