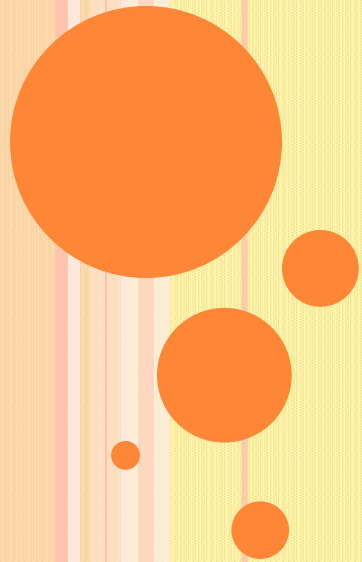


FAMILY CENTRED PRACTICE



A Parents experience and reflections

INTRODUCTION

- What family centred practice means to me
- Basic ingredients of FCP
- Attitudes, assumptions & beliefs
- Working as part of a team
- Removing the blinkers – the wider perspective



WHAT FAMILY CENTRED PRACTICE MEANS TO ME

- ‘Way of working’
- Its **not** about structures – it is about people
- INTERPERSONAL RELATIONSHIPS



BASIC INGREDIENTS OF FCP

- Mutual respect
- Warmth
- Empathy
- Trust
- Clear & Open communication



ATTITUDES, ASSUMPTIONS & BELIEFS

- Beliefs influence our behaviours
- Honesty about beliefs
- Checking our assumptions
- Positive attitude

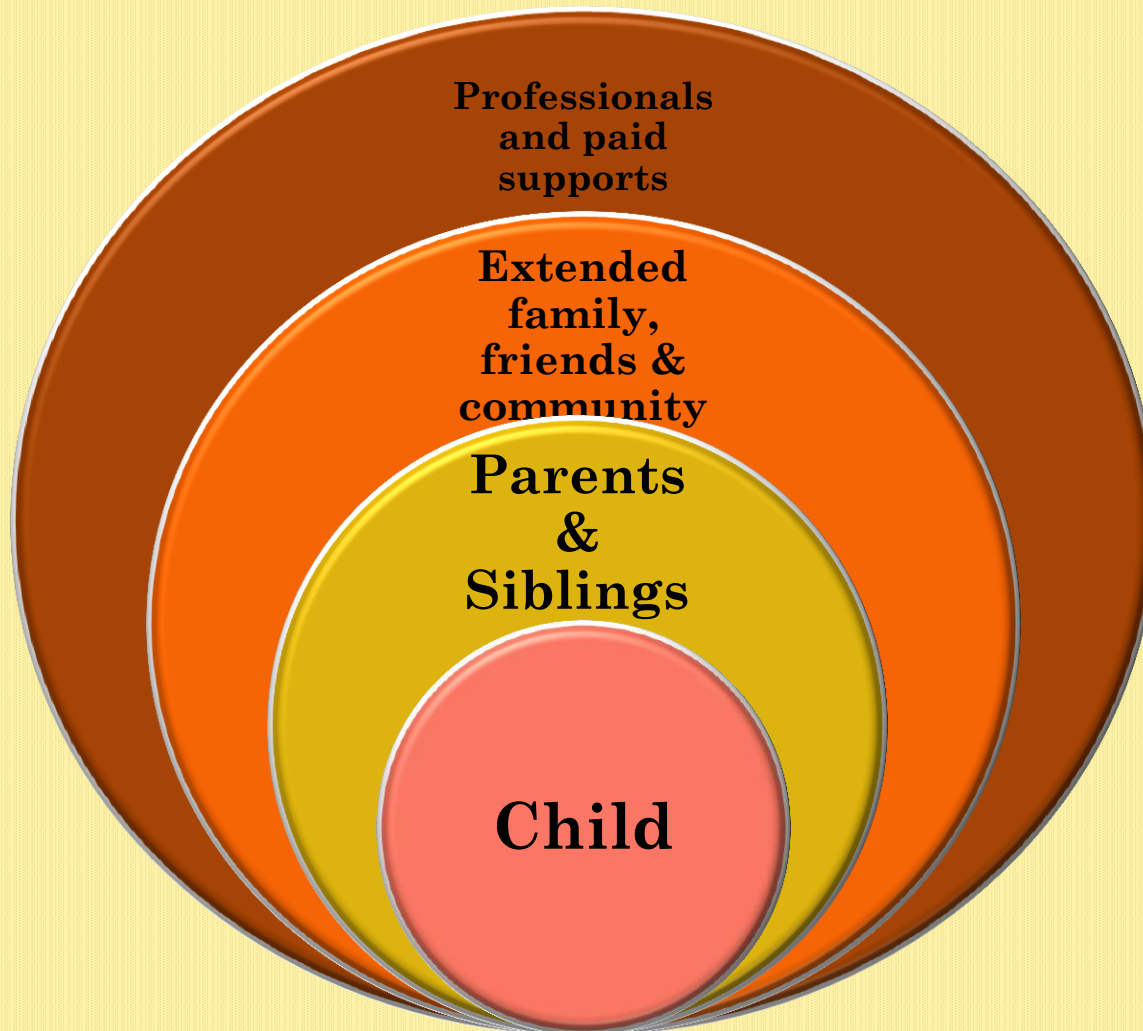


WORKING AS A TEAM

- Parents and their place on the team
- Really seeing parents as team members
- Supporting active participation of parents
- Valuing the expertise of parents
- Proactively seek out parents input and suggestions



REMOVING THE BLINKERS – THE WIDER PERSPECTIVE



KEY POINTS

- Family centred practice is a way of working
- Basic Ingredients of FCP
- Reflection - press the 'pause' button regularly
- Attitudes, assumptions & beliefs
- Stay positive
- Team work
- Removing the blinkers – the wider perspective



