

Enable Ireland Wicklow Services

12th March 2013

Individualised Family Service Plan

IFSP



Background

- Late '90s/early 2000-shift in approach
- Worked very closely with parents
- Partnership with parents
- Family centred
- Team based- shift from uni/multi-interdisciplinary
- Functional goals not clinical outcomes
- Natural environments
- Introduced Keyworker for families
- Introduced Individualised Family Service Plans



IFSP in Wicklow Services

- Each family is allocated a keyworker once a child is in our service
- IFSP is developed in partnership with the parents and young person as appropriate
- We welcome any other family members also to meeting
- Meetings generally held in the centre but some have taken place at home
- The IFSP guides service delivery



IFSP Wicklow Services

- Strengths focused
- Outcomes focused-SMART goals/functional
- IFSP is reviewed minimum once yearly.
- Parents chair their own meetings if they wish.
- Avoid any use of medical jargon in the plan.
- Each team has its own template for IFSP.
- All IFSP have a section to highlight achievements.



IFSP Wicklow

- Goals are identified and prioritised- who, where and when recorded.
- Plan is verbally agreed before end of meeting.
- Both the parents and keyworker sign the IFSP and a copy is held by both.
- An interim action plan can be drawn up if needs change prior to a formal review of IFSP.
- The plan is reviewed at next IFSP and a new plan is developed or plans put in place for discharge



Key Learning

- IFSP is a process-ongoing
- IFSP is a plan not minutes of a meeting
- Role of keyworker is central- preparation with the family at the pre IFSP discussion and with the team at team review
- Admin plays a key role

- All team members do not have to be present at IFSP meeting



Key Learning

- IFSP can be developed at a face to face meeting, at the end of a session or by telephone
- Review IFSP approach-outcome of staff and parent evaluations- decision to continue
- Together with parents, developed formal structures for involving children and adolescents in their IFSP.
- Ongoing review and monitoring of keyworker role.
- Management of team reviews.

