

Family Centred Practice

The background of the slide is a solid teal color. In the lower half, there is a faint, stylized graphic of two hands shaking, rendered in a lighter shade of teal. The hands are positioned diagonally, with one hand on the left and the other on the right, their fingers interlaced in a firm grip.

Angela Regan

Western Care Association

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Supporting Families to be Included in Community

Supporting Families versus Service
Provision

Mobilising Community Response

Together we are Stronger

- The impersonal hand of government can never replace the helping hand of a neighbour.

Hubert H. Humphrey

BASIC TENETS

Family Centred Practice

- Working on priorities identified by the family
- Working on priorities of the whole family
- Empowerment of the family

I Empowerment

- Skill Building
- Choice
- Voice



Some practical examples

- Early Bird
- Family Leadership
- Parent Support Groups

Parent Support Groups

- 4 groups across the county:
 - Westport
 - Informal support group – friendly place to chat, not always focussed on Autism
 - Achill
 - Community based leadership
 - Integrated activities for community

Parent Support Groups

➤ Claremorris

- Citizens advice
- Transition to secondary school information
- Carer's Association
- Relaxation strategies
- Future planning (wills/guardianship etc)

➤ Ballina

Just beginning and have asked a parent from the Claremorris group to attend and advice them

Parent Support Groups

- Support from WCA to set up
- Goal of self sufficiency
- Ongoing support – only as required

Final thought

- Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has.

Margaret Mead