

Sexuality and Intellectual Disability –Resources & Reading List

By Grace Kelly
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Resources:

For training and networking in the area of sexuality and intellectual disability (for people with intellectual disabilities, family members and staff) contact

- The **Irish Sex Education Network (ISEN)** –email: isentraining@yahoo.co.uk; ph: 087- 6284538, website: <http://www.isenonline.com/>

For a comprehensive list and review of available sex education resources, see:

- **Health Scotland** (2008). Sexual Health and Relationships A Review of Resources for people with learning disabilities. <http://www.healthscotland.com/uploads/documents/7819-AReviewOfResourcesforPeopleWithLearningDisabilities.pdf>
- Also forthcoming, Irish Sex Education Network (ISEN) online database of resources <http://www.isenonline.com/>

For a list of resources in the area of people with intellectual disabilities as parents, see:

- **Working Together with Parents Network** (Supporting parents with learning disabilities and their children) <http://www.bristol.ac.uk/norahfry/right-support/>
- **Through the Looking Glass** <http://lookingglass.org/index.php>

For resources for working with gay men and women with intellectual disabilities, see:

- Online resources of the: <http://www.bristol.ac.uk/norahfry/resources/online/#sexuality>

Reading list:

This reading list covers:

- Attitudes, experiences & aspirations (of society, families, staff & people with intellectual disabilities),
- Sexual knowledge
- Sex education,
- Sexual health,
- Sexual abuse,
- Gender,
- Sexual orientation,
- Marriage,
- Parenting,
- Facilitated/ PA assisted sexuality,
- Training needs,
- Policy,
- Capacity to consent,
- Legislation,
- Research and
- Theory.

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