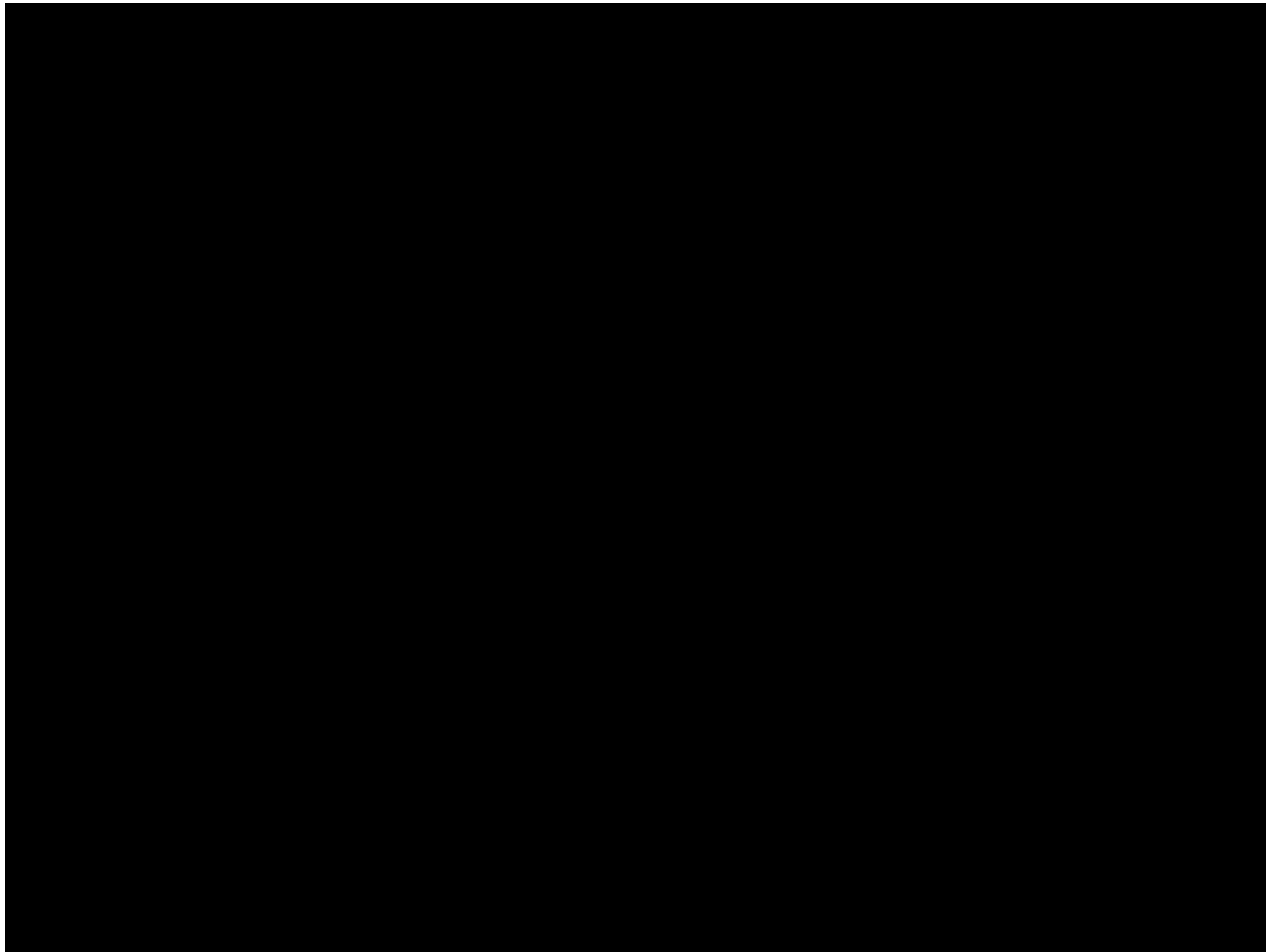


The Open Road

- A presentation by KARE outlining how services and supports have evolved to support persons with intellectual disabilities to have meaningful things to do during the day as part of their local communities

Gerry Foley

- A clip from “The Open Road”, a Praxis Pictures Production for KARE



KARE's Vision

People with an intellectual disability are seen as equals and take part in society along with everyone else

KARE's Values

- All people are treated with dignity and respect.
- People who use our service are supported as individuals to:
 - Make Choices
 - Develop and use their abilities
 - Grow in relationships
 - Use Ordinary Places
 - Have Valued Social Roles

Brief history

- Workshop closed in 1992
- Employment Assist Opened 1992
- Training Centres opened in 1988
- Training Centres closed in 2003
- Day Services moved to Local Communities in 1996 and in 1998 they incorporated Employment and from 2003 they incorporate Training
- Day Service is called a LOCAL SERVICE

New Directions (HSE day service review)



Ethos and Philosophy of our Local Service (established 1996)

- Each person who uses the service has the right to choose how he/she spends their day
- Each person has a person centered plan
- Each person has the right to work in paid meaningful employment should he/she choose
- Each person has the right to be included in their own community

Ethos and Philosophy contd.

- The service values the active involvement of families and carers
- The service provides equal opportunities for all its service users
- The service acknowledges the need for on going staff training and development
- The service is monitored and evaluated on a continuous basis

Resources in a Local Service

- Local Service Leader
- Staff compliment depending on Service User needs
- Transport
- Clinical Supports
- Recreation Supports
- Management Supports

A typical day for a staff member in a Local Service

- Transport
- Rehabilitative Training
- Communication Plans
- Key Worker
- Individual Personal Supports
- Community Audit

A Typical Day Contd.

- Employment
- Supporting Community Inclusion
- Planning – “Planning into Action”

Our definition of community:

Groups of people living together in an area, with varying levels of interaction and interdependency

Ross Connolly

- Citizenship Course







Being part of the community means having meaningful relationships with community members

- It means having a whole range of relationships
- It means being involved in clubs, organisations, associations
- It means being seen as an individual, a unique person

Margaret McGarvey

- “The Ladies Monday Club”





Being part of the community means being supported differently

- ❑ People need to be supported by services and agencies in such a way as to become less dependent on those services and agencies.
- ❑ Staff need to look at their roles differently

Staff Roles in a Local Service

- Facilitating
- Coaching
- Educating
- Mentoring
- Modelling
- Caring
- Negotiating
- Supporting

John Paul Tobin

- Person Centered Plan





Part of the local community

- Being **in** the community is not the same as being **part** of the community
- Being part of the community emphasises supporting the opportunity to interact and form relationships with other community member
- It gives people the opportunity to lead a more meaningful and fulfilling life.
- People have the opportunity for interdependence and productivity
- People that are included in their community have a more highly valued social role

The Winding Road

- ❑ KARE have recently re-structured its Day and Residential services
- ❑ In Control – a project to look at self determination
- ❑ Individualised Funding the ultimate goal