

# HIQA OUTCOME 011

## HEALTHCARE NEEDS

## NUTRITIONAL POLICY

Issue Date:	October 2014
Reviewed:	25 <sup>th</sup> November 2015
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## **NUTRITIONAL POLICY**

### **OBJECTIVES:**

The objective of this policy is to ensure that controls are in place for staff and service users when there is unexplained weight loss of a resident.

### **RESPONSIBILITY**

The review of this Policy document lies with the management team. The day-to-day implementation rests with the management and staff team.

### **POLICY DETAILS:**

This will be part of the Care Planning process.

Where there is an unexplained weight loss of a resident the following steps will be taken:

Resident's family will be notified.

Resident will be seen by GP.

GP's advice will be taken on board by staff.

Resident will be weighed weekly and recorded on Weight Monitoring Chart and reviewed.

Staff will record daily food intake and review.

High calorie diet/food supplements will be made available on GP's advice.

Staff will link in with dietician/psychologist on GP advice while at all times liaising with residents family.

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Approved By: Derry McMahon