

HIQA OUTCOME 011

HEALTHCARE NEEDS

HEALTHY EATING / SAFE FOOD PRACTICES POLICY

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MOOREHAVEN CENTRE

Issue No: 1 Rev: 3

Approved by: Derry McMahon

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HEALTHY EATING / SAFE FOOD PRACTICES POLICY

OBJECTIVE:

The purpose of this Policy is to encourage staff and service users to adopt a positive attitude towards healthy food and their eating habits.

RESPONSIBILITY

The review of this Policy document rests with the management team. The day to day implementation rests with the management and staff team.

POLICY DETAILS

Our Goal

The MooreHaven Centre aims to help all those involved in our community, service users, staff and parents to develop a positive and responsible attitude to eating and to appreciate the contribution that good food makes to health.

The PIC has put together guidelines which includes written and pictorial food choices which are available in all of the community houses.

Instruction is provided through the Social Care Worker on hand hygiene and general hygiene practices i.e. good hygiene practices with regard to coughing and sneezing vis-a-vis the use of paper tissues, the disposal of them and the ongoing washing of hands to minimize the risk of bacterial infection.

Compliance with regard to operational food practices is facilitated through training in easy to read format in the Day Service Programme.

Food safety notices are displayed on all fridges in the residential homes with regard to the proper storage of raw and cooked foods.

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