## **New Directions - Personal Support Services for Adults with Disabilities**

## Personal Support Services for Adults with Disabilities underpinned by the Core Values of:

- Person Centredness
- Community Inclusion & Active Citizenship
- Quality

## The range of supports to which individuals will have access should equip them to:

- make choices and plans to support personal goals;
- have influence over the decisions which affect their lives;
- achieve personal goals and aspirations; and
- be active, independent members of their community and society.

## Choices of personal supports that should be made available in the future to all adults with disabilities:

- 1. Support for making choices and plans
- 2. Increased support for making transitions and progression
- 3. Increased support for inclusion in one's local community
- 4. Increased support for accessing education and formal learning
- 5. Increased support for maximising independence
- 6. Increased support for personal and social development
- 7. Increased support for health and wellbeing
- 8. Increased support for accessing bridging programmes to vocational training
- 9. Increased support for accessing vocational training and work opportunities
- 10. Increased support for personal expression and creativity
- 11. Increased support for having meaningful social roles
- 12. Increased support for influencing service policy and practice

This document was produced as an aide memoire for the participants of Next Steps Project. It provides a summary of the key points of the HSE's New Directions - Personal Support Services for Adults with Disabilities Report. This summary is not intended to be a full account of the briefing document. To read the full briefing provided to the disability sector, please go to the following link:

http://www.hse.ie/eng/services/Publications/services/Disability/new%20directions.html