

TRANSITION INTO OLDER AGE

NUMBERS OF PEOPLE WITH INTELLECTUAL DISABILITIES WHICH ARE LIVING INTO OLD AGE ARE INCREASING.

LIKE THE REST OF THE POPULATION, PEOPLE WITH INTELLECTUAL DISABILITIES ARE LIVING LONGER.

OLDER PEOPLE WITH INTELLECTUAL DISABILITIES REPRESENT ONE OF FASTEST GROWING GROUPS OF THE SPECIAL NEEDS POPULATION.

RECENT ESTIMATES SUGGEST THAT, BY 2030, THE NUMBER OF ADULTS AGED OVER 70 USING SERVICES IS LIKELY TO HAVE DOUBLED.

ALL INVOLVED IN THE POLICY PLANNING SHOULD BE AWARE, THAT OLDER PEOPLE WITH INTELLECTUAL DISABILITIES ARE A DIVERSE GROUP.

EACH INDIVIDUAL COMES TO LATER LIFE WITH HIS OR HER OWN UNIQUE LIFE EXPERIENCES.

EACH INDIVIDUAL COMES TO LATER LIFE WITH HIS OR HER OWN HOPES FOR THE FUTURE.

EACH INDIVIDUAL COMES TO LATER LIFE WITH HIS OR HER OWN FEARS FOR THE FUTURE.

NEEDS FOR COMMUNITY SUPPORT AND SERVICES VARY GREATLY.

THIS IS CREATING IMPORTANT CHALLENGES FOR SERVICES.

SERVICE PROVIDERS SHOULD ASK THEMSELVES AND AGING PEOPLE WITH INTELLECTUAL DISABILITIES AS WELL »WHAT CAN BE DONE FOR PROPER SUPPORT?«

THE MAJORITY OF PEOPLE WITH INTELLECTUAL DISABILITIES ARE GROWING OLDER IN THE FAMILY HOME WITH AGEING PARENTS.

SOMETIMES, WHEN PARENTS HAVE DIED, THEY LIVE WITH OTHER FAMILY MEMBERS.

OTHER ARE CONTINUE LIVING IN THE FAMILY HOME.

SOME ARE MOVING INTO SUPPORTED LIVING OR RESIDENTIAL CARE.

SOME ARE MOVE INTO THEIR OWN HOME.

AGEING IN PLACE MIGHT NOT BE RIGHT FOR EVERYBODY.

SOME MIGHT NEED TO MOVE AS THEY GET OLDER.

SOME MIGHT WANT TO MOVE AS THEY GET OLDER

THE KEY IS PLANNING FOR TRANSITIONS WHEN NEEDS CHANGE.

BASIC PRINCIPLE FOR PLANNING FOR FUTURE IS PERSON-CENTRED.

AS THEY AGE, PEOPLE WITH INTELLECTUAL DISABILITIES WISH TO:

- ❖ MAINTAINING THEIR PHYSICAL HEALTH TO FUNCTION AS INDEPENDENTLY AS POSSIBLE
- ❖ MAINTAINING THEIR MENTAL HEALTH TO FUNCTION AS INDEPENDENTLY AS POSSIBLE
- ❖ MAINTAINING THEIR ABILITY TO FUNCTION AS INDEPENDENTLY AS POSSIBLE
- ❖ ACTIVELY ENGAGING WITH LIFE THROUGH FRIENDSHIPS
- ❖ CONTRIBUTING TO SOCIETY
- ❖ MEANINGFULLY PARTICIPATING IN COMMUNITY LIFE.

ALL INVOLVED NEED TO BE ABLE TO ACCESS SUPPORT IN THE RIGHT WAY.
NEEDED INFORMATION HAVE TO BE CLEAR AND ACCESSIBLE.

AGING PERSONS AND HIS FAMILIES SHOULD HAVE ACCESS TO VARIED
DIFFERENT SUPPORT SOURCES.

THIS SOUCES ARE PRACTICAL, FINANCIAL AND EMOTIONAL.

IN SOME CASES, AGING OFFSPRING WITH INTELLECTUAL DISABILITIES TAKE
CARE FOR ELDERLY PARENTS.

IN THIS SITUATION, PROPER EDUCATION AND SUPPORT FOR CARER WOULD
BE NECESSARY.