



# JARI NORDSTRÖM

Some experiments of moving out -  
training

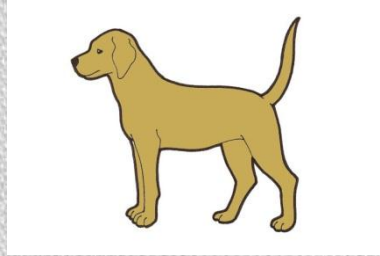
# What is your name and where do you live?

- My name is Jari Nordström.
- I am 44-years-old
- I live in a group home called Mäkikallio.
  - With me there are living four other persons.
  - I moved to Mäkikallio in 2010.



# What are your hobbies?

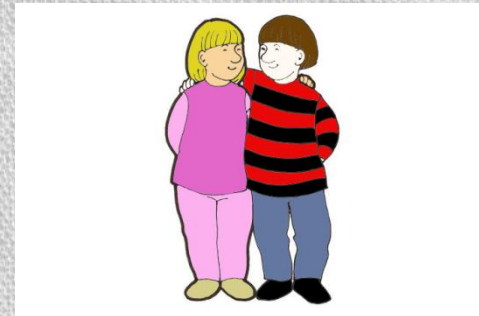
- I like dogs.



- I like walking.

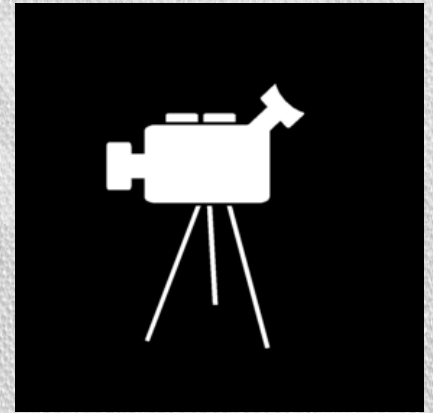


- I also like to do things with my friends.



# Where are you working?

- I am working at the place called Lyhty.
- We make videos and also some material for radio.
- We go to some happenings and I interview people. I also edit the material.
- Now we show you a video. I have made the video. It is about our group home.



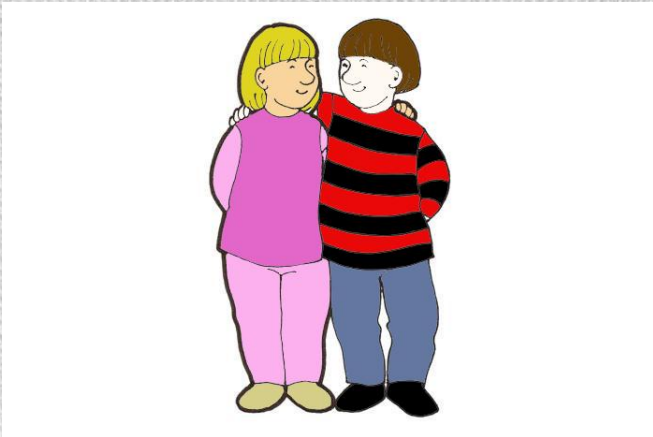
# Where have you lived before you moved to Mäkikallio?

- I lived in my own apartment in Helsinki.
- I lived there 17 years by myself.



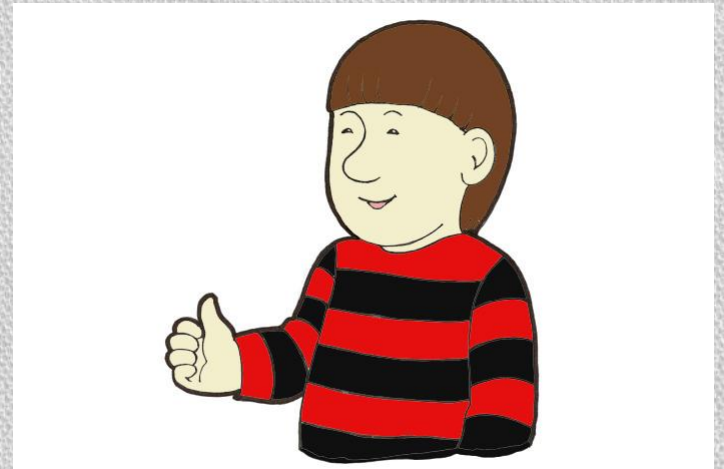
# Why did you want to move to Mäkikallio?

- I wanted to move because I wanted some friends around me.
- I also wanted to have more support.



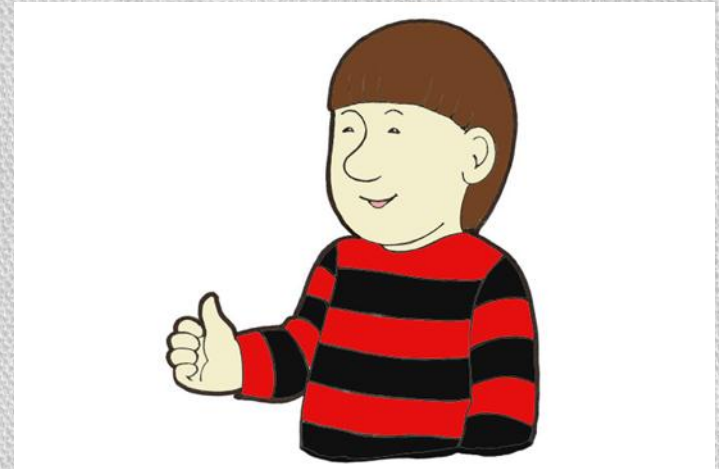
# Have you enjoyed to live in Mäkikallio?

- I have enjoyed to live there.
- It is nice to have people around you and talk with them.
- We have fun out there.
- When we plan to go to a trip I look things beforehand from internet. I would like that someone helps me in this.



# Did you have moving out-training before you moved?

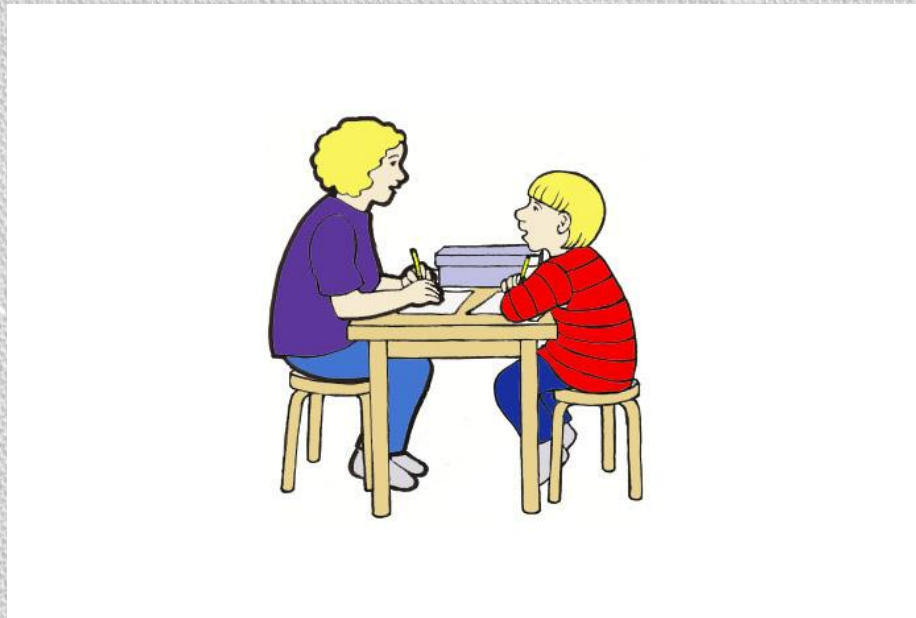
- Yes. We had moving out-training.





# How did this training start?

- There were one worker who visited at my place. My mother was with us. We discussed about the things that I like, things I am good at and what kind of support I will need in my new home.



# How many times did you have this training?

- We met each others four times.
- There were programme to us only, some programme to our relatives and some programme for all of us.



# What were you doing in this meetings?

- We got to know each other.
- We got some information about our new home.
- We were discussing about neighborhood.
- We were thinking what is important to us and what would we like to have in our new house.
- We were also talking about our skills.

# Did you like this training?

- Yes.
- I got some support in this meetings.
- It got to know other persons.
- I got some good information about moving.
- When we have this meetings, I excited about things and I enjoyed very much.
- I didn't like all things what we talked about, but I had a good feeling that others liked those things.

