



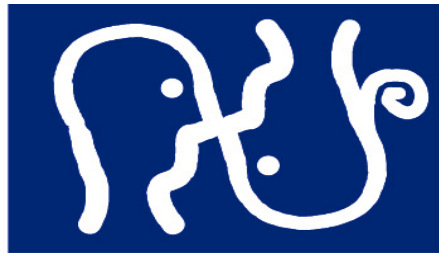
AGEING AND PEPEOPLE WITH INTELECTUAL DISABILITY



mag. Alenka Golob

17. and 18. April 2012, Draga, Slovenija

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in evropske programe
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ISSUES

1. LIFE COURSE AND TRANSITION
2. AGEING – GENERAL PHENOMENON
3. AGEING AND PEOPLE WITH INTELLECTUAL DISABILITY
4. EUROPEAN DOCUMENT AND CONFERENCES



LIFE COURSE

- **DEFINITION**

LIFECOURSE IS

1. AGE-GRADED

2. SOCIALY EMBEDDED

DIFFERENT ROLES THAT CONNECT THE PHASES
OF LIFE.



ADULTS



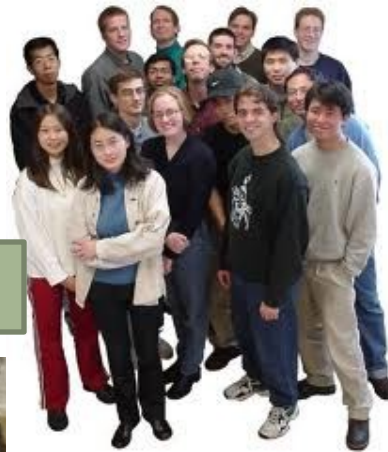
JUNGSTERS



OLD



TODDLER



BABY



DIFFERENT ROLES

FAMILY AND RELATIVES



PROFFESIONS



LIFECOURSE

LIFECOURSE HAS A PARTICULAR RELEVANCE
WHEN WE NEED INFORMATION OF

- **HUMAN DEVELOPEMENT**
- **AGEING**

LIFECOURSE

LIFECOURSE BASED ON

1. AGE-GRADED PATTERNS,

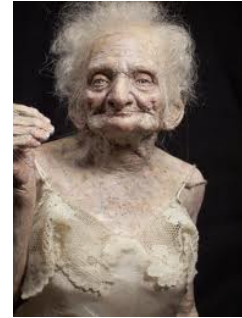
1. SOCIAL INSTITUTIONS,

1. AND HISTORY.



AGE-GRADED PATTERNS,

100



65



50



35



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TRANSITIONS

- **TRANSITION IS A SIGNIFICANT PART OF LIFECOURSE**
- **PREVIOUS EXPERIENCES AND SITUATIONS IN LIFE AFFECT LATER LIFE**

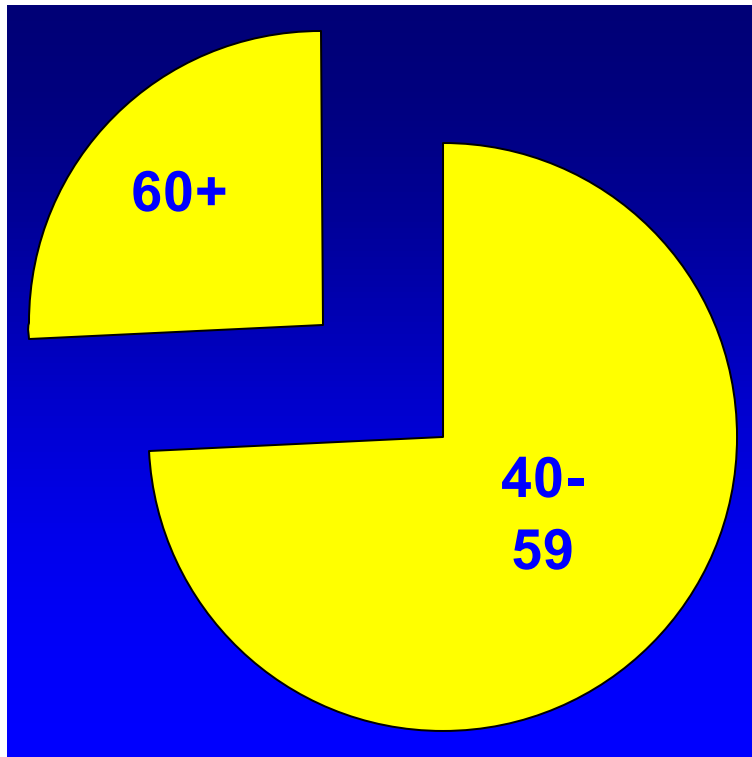
LEVINSON TOLD US THAT THE WORD "**LIFE**"
INCLUDE ALL ASPECTS OF LIFE:

- 1. BIOLOGICAL CHANGES,**
- 2. SOCIAL RELATIONS,**
- 3. INTERNAL PSYCHIC PHENOMENA,**
- 4. THE INDIVIDUAL'S RELATIONSHIP WITH THE ENVIRONMENT**
- 5. AND ALL THAT IS IMPORTANT FOR THE INDIVIDUAL.**

AGEING

- THERE IS NO UNIVERSALLY ACCEPTED DEFINITION OF “AGEING”
- CONCEPT OF DISABILITY-FREE LIFE EXPECTANCY IS RECEIVED INCREASING ATTENTION
- PEOPLE WITH INTELLECTUAL DISABILITIES ARE HIGHLY HETEROGENEOUS GROUP THE SAME AS PEOPLE GENERAL

PROPORTION OF OLDER POPULATION OF ADULTS WITH INTELLECTUAL DISABILITIES



CURRENTLY ABOUT
75% OF ALL OLDER
ADULTS WITH
INTELLECTUAL
DISABILITIES ARE IN
THE 40-TO-60 AGE
GROUP

(Janicki, 2009, Hong Kong)

AGEING IS ASSOCIATED WITH

1. BIOLOGICAL CHANGES

1. COGNITIVE DECLINE

1. INCREASING RISK OF PHYSICAL AND PSYCHIATRIC DISORDERS

1. SOCIAL CHANGES

1. ECONOMIC CHANGES

COUNCIL OF EUROPE DISABILITY ACTION PLAN

AGEING OF PEOPLE WITH DISABILITIES

◆ ASSESSMENT OF
INDIVIDUAL NEEDS

◆ COMMUNITY LIVING

◆ PROVISION OF
SERVICES AND
SUPPORT,

◆ COORDINATED
ACTION

ALSO FOR
FAMILIES

◆ INNOVATIVE
APPROACHES



Council of Europe

RECOMMENDATION CM/REC(2009)6
OF THE COMMITTEE OF MINISTERS TO MEMBER STATES
ON AGEING AND DISABILITY IN THE 21ST CENTURY:

SUSTAINABLE FRAMEWORKS
TO ENABLE GREATER
QUALITY OF LIFE
IN AN INCLUSIVE SOCIETY



SOCIAL PLANNING

- IDENTIFYING WHO ARE THE OLDER ADULTS AND CARERS
- DETERMINING WHAT THEY MAY NEED
- LOOKING AT DEMOGRAPHIC TRENDS

- RECOGNIZING THAT NEEDS ARE OFTEN LINKED TO AGE (YOUNGER-OLDER VS. OLDER-OLDER)
- THINKING IN TERMS OF CREATIVE APPROACHES TO SUPPORTS
- INVOLVING THE FAMILIES IN THE PLANNING

- WORKING WITH GOVERNMENT FOR
INSTITUTION OF UNIVERSAL MODELS
FOR HELPING FAMILIES AND PEOPLE
WITH DISABILITIES

PALIATIVE CARE AND END-OF LIFE CARE

PALIATIVE CARE NEED TO BE:

1. COMPASSIONATE
2. QUALITY
3. EFFECTIVE



CARER



HAVE TO RESPECT THE WISHES OF MAN WITH INTELLECTUAL DISABILITIES



PROVIDE RELEVANT INFORMATION



PROVIDE RELEVANT SUPPORT AND HELP IN DECISION MAKING REGARDING END OF LIFE ISSUES

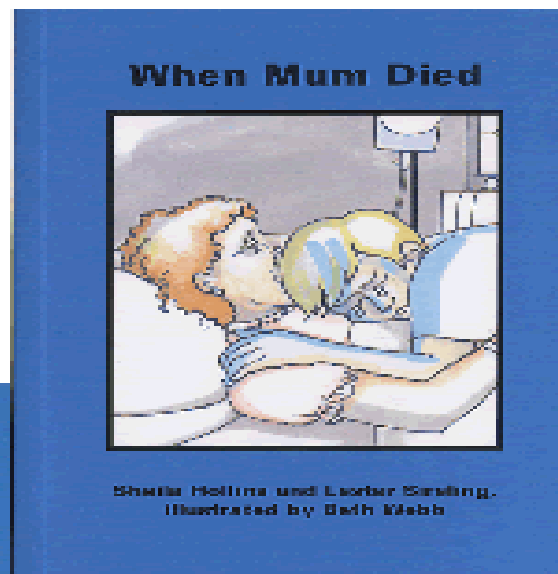
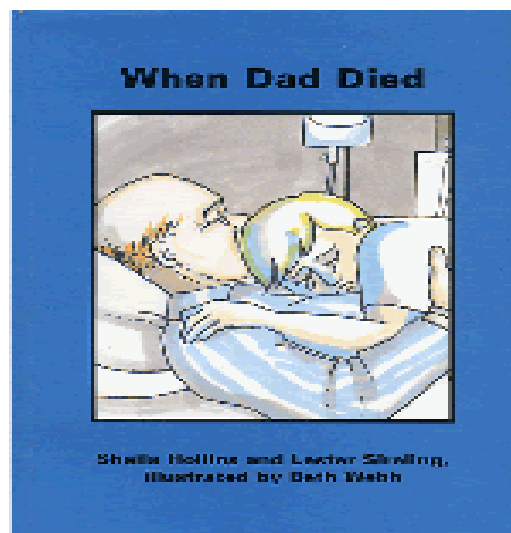
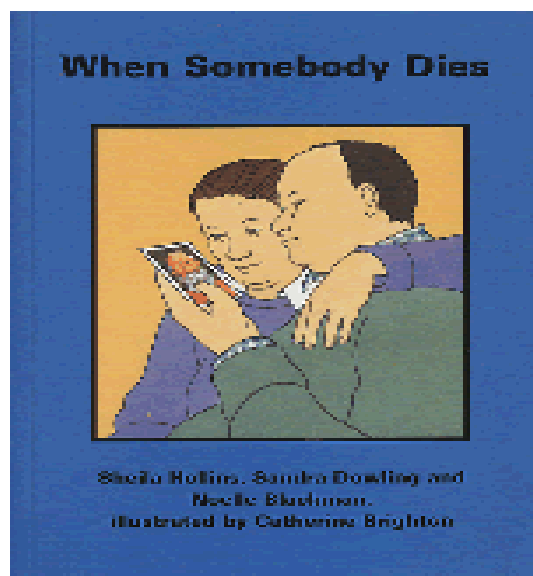


COPE WITH LOSS AND BEREVEAMENT

IT IS IMPORTANT THAT A PERSON-CENTRED APPROACH IS ADOPTED IN ORDER TO HELP THE PERSON FEEL VALUED.



**THEY SHOULD BE HELPED TO UNDERSTAND
IN THEIR OWN TIME THE PART DEATH PLAYS
IN THE NATURAL EXPERIENCE OF ALL OUR
LIVES.**



“IMPORTANT THING IS TO GIVE
THE LOVE AND KNOWLEDGE YOU
HAVE TO YOUR FELLOW HUMAN
BEINGS. THIS IS HUMAN DIGNITY
TO ME.” (AKE JOHANSSON)

(IN “ AKE’S BOOK”; LUNDGREN, 1993)

- (Germain Weber EASPD conference, Old so what, Linz 1.7.2011)

W.H.O. CONCERNS OF AGING PEOPLE WITH DISABILITIES

- **MYTHS AND STIGMA ASSOCIATED WITH DISABILITY**
- **POOR GENERAL OR NATIONAL HEALTH STATUS**
- **SPECIALTY HEALTH SYSTEMS LACKING FOR PERSONS WITH DISABILITIES**

W.H.O. CONCERNS OF AGING PEOPLE WITH DISABILITIES

- **POORLY ORGANIZED STATE MECHANISMS
FOR SUPPORTS TO PERSONS WITH
DISABILITIES**
- **SCANT INFORMATION OR RESEARCH**

Slide 15 are presented by Prof. Janicki in
conference in Hong Kong

For whole his presentation go to:

- http://www.google.si/url?sa=t&rct=j&q=mathew%20p%20janicki%20hong%20kong&source=web&cd=1&ved=0CCAQFjAA&url=http%3A%2F%2Fwww.hkcss.org.hk%2Frh%2F1_Professor_Janicki_Hong_Kong-aging-general-6%252729%252709.ppt&ei=bDsmT5O1PIGD-waBqdSsCA&usg=AFQjCNF8Ooqtk7DjRFxwSQuKpTaTENPyYA&cad=rja
- Useful presentation from prof. Janicki is PP from conference in Linz as well
<http://www.easpd-linz.com/english/>