

*Toward Having a Good Life*  
National Federation of Voluntary Bodies  
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*Call into your mind all the people who could benefit because you have done this week's work*

People  
I support &  
their families

My  
co-  
workers



My  
community

My  
family

*What have I met here that will  
be good to share?*

*Possibilities: What could be.*

*Questions: Why do we? How might we?*

*New ways to look at things: What if...*

*Ideas for different practices: Let's learn to...*

People  
I support &  
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My  
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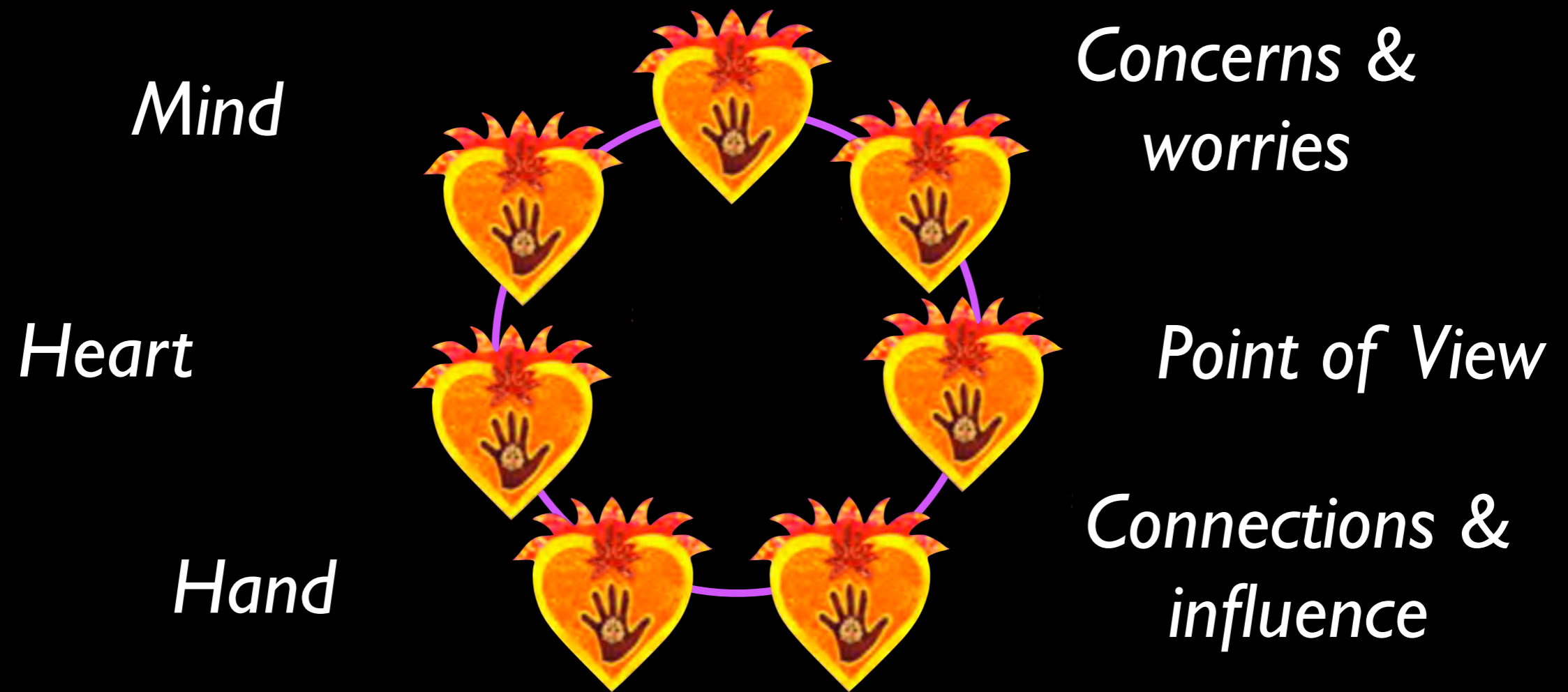


My  
community

My  
family

*What have I met here that will  
be good to hold & consider?*

Things that irritate, disturb or frighten me;  
things I want to get away from

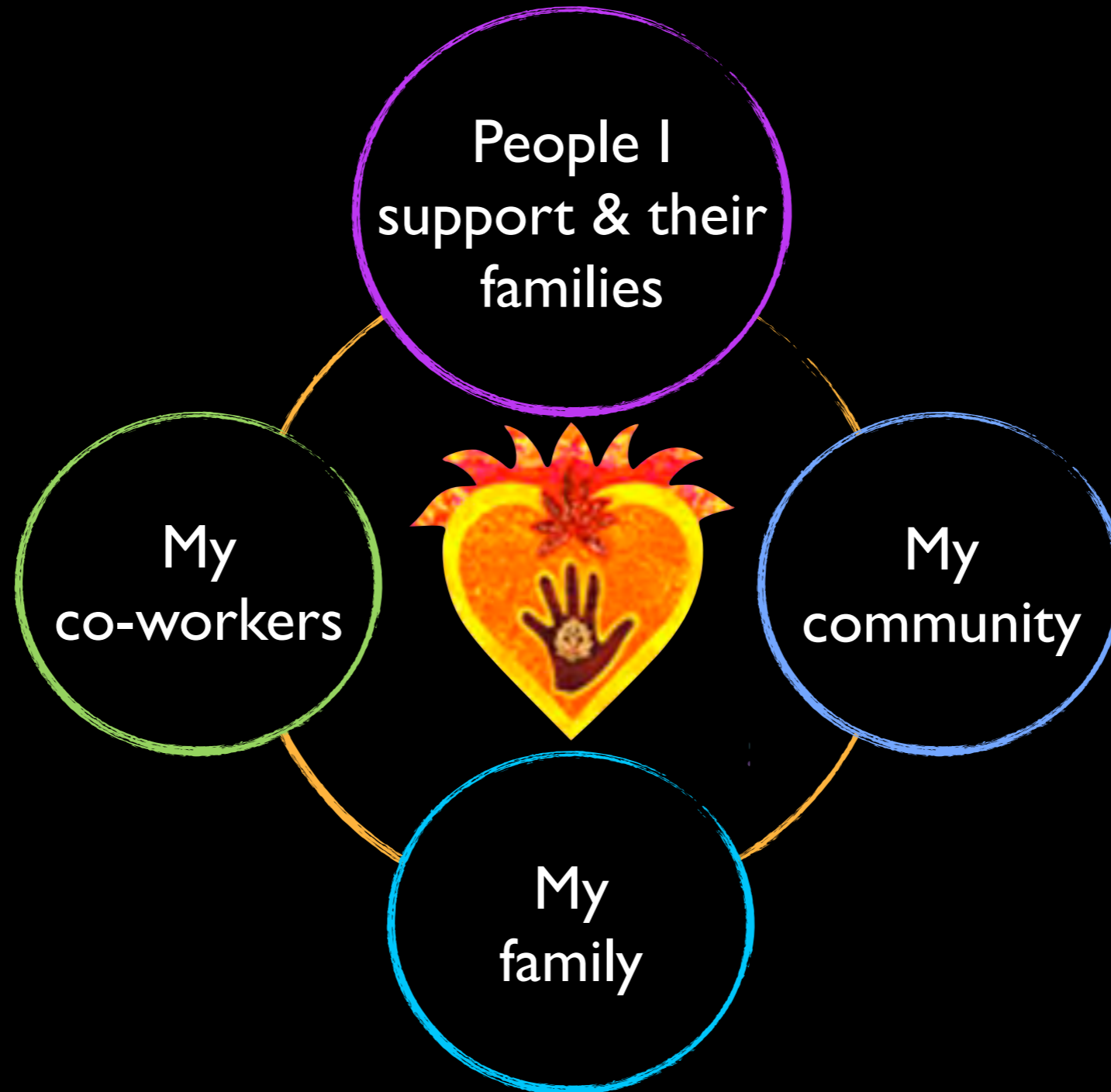


*What do I want to contribute to our change team (or to the change if I'm not on a team)?*

*How can the work for change help me grow?*

*What do I need in order to make the contribution I want?*

# *What wants to be born because we were here?*







1. Know what you want - let the distance between vision & what is energize you
2. Take a smart step toward the vision as quickly as you can.
3. Act with what you have & make reality your friend. Accept what is, build off what you find, bring others in
4. Repeat



Know what I want  
to create

Act with what I  
have

Build from what I  
find

Repeat what  
works

*What step can I take with what I  
have toward what I want to create?*

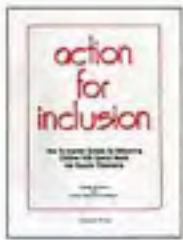
*Who can help me take this step?*

*What's the very first thing to do?*



Let yourself be silently  
drawn to the stronger pull  
of what you really love.

–Rumi



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How to improve schools by welcoming children with special needs into regular classrooms  
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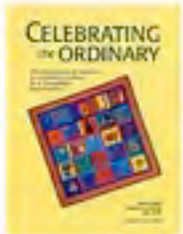
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