

# Intellectual Disability Supplement to TILDA Newsletter



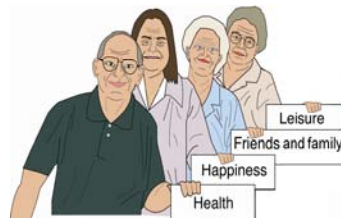
John Moloney T.D. Minister for Equality, Disability and Mental Health,  
Professor Mary McCarron from Trinity College Dublin and  
Margaret Gahan who is a Self-Advocate

## Message from Professor Mary McCarron

On the 3<sup>rd</sup> December 2008 the Intellectual Disability Supplement to The Irish Longitudinal Study on Ageing or IDS to TILDA for short was launched by Minister John Moloney T.D. This day is also the International Day of Persons with Disabilities.

### What is this study about?

The study will help us to understand what is important to people with intellectual disability as they get older in Ireland.



- Your health
- Your happiness
- Your lifestyles

If you are 40 years of age or older and on the National Intellectual Disability Database you may be asked to take part.

We hope that about 800 people from all over Ireland will take part in the main study. The main study will begin in October 2009.

*Prof. Mary McCarron.*

Professor Mary McCarron  
Principal Investigator  
Intellectual Disability Supplement to TILDA

## TILDA study

In November 2006 The Irish Longitudinal Study of Ageing (TILDA) was launched by Minister Mary Harney T.D.

The study will involve about 8,000 Irish people 50 years of age and over.

You can learn more about TILDA by looking at their website: [www.tcd.ie/tilda](http://www.tcd.ie/tilda)



Mary Harney, T.D. and members of TILDA team

## IDS to TILDA study

Mary McCarron got a group of people together to set up a study like TILDA for people with intellectual disability.

They make sure the right questions are asked.

This group is made up of family members, researchers, nurses, doctors, psychiatrists, psychologists and service providers.



IDS to TILDA Advisory Group

## Logo competition

In January 2008 there was a competition to design the logo for the study.

The logo that won the competition is on all the study information and is shown below.



Mary McCann and Bernie Fox looking at the entries



An Intellectual Disability Supplement to  
The Irish Longitudinal Study on Ageing

We would like to say thanks to everyone who entered designs for this competition.

## Photo exhibition



Mary Martin and Aeneas O'Meara looking at the photo exhibition

There was a large photo exhibition on display at the launch of the study called "Celebrating Ageing in Persons with Intellectual Disability".

We would like to say thanks to everyone who sent us photos for this wonderful exhibition.

The exhibition will travel to services and events this year. If you would like the exhibition to come to your service or an event please contact us.

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## National workshops



Members of Walkinstown Association Advocacy Group

A number of workshops have been held with people with intellectual disability around Ireland.

To help the group make sure that they include what is important to people as they get older.

If you would like to get involved in future workshops that we will set up please contact us.

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## What is happening now?

We are doing a pilot study. It is a small study which helps us get ready for the main study.

## When will it happen?

The pilot study will begin in June 2009.

It will involve 80 people

## Where will it happen?

The pilot study will take place in the Daughters of Charity Service in Dublin, Áras Attracta and Western Care Association in Co. Mayo.



## Support needed

We will need the help of people with intellectual disability, families and services across Ireland to make this study a success.

We hope that you or someone you know is picked to take part.

We will ask questions about the health, happiness and lifestyles of people as they get older.

It will help the Government to learn more about what services and supports people need.

Together we can work towards making Ireland the best place to grow older.

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## Contact us

If you would like to know more about the study or if you have any questions please contact us.

Write to us at:



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The funding support of the Health Research Board and the School of Nursing & Midwifery, Trinity College Dublin is gratefully acknowledged.