# 2017 International Summit on Ageing with an Intellectual Disability

Best practices in policies, services and community supports to advance health and wellbeing

This one-day event, led by national and international experts in ageing and intellectual disability, will present research findings and demonstrate how this data can, and is informing evidence-based policymaking and transforming service provision. Leading with findings from the Intellectual Disability Supplement to The Irish Longitudinal Study on Ageing (IDS-TILDA), translation of research knowledge from Ireland, the United Kingdom, Australia and the United States will address the challenges and solutions to key health, wellness and social care issues for those ageing with an intellectual disability.

## **EVENT DETAILS**

20 September 2017

8.30am - 5.30pm

Stanley Quek Theatre at Trinity Biomedical Sciences Institute, Trinity College Dublin

CPD accreditation applied for

Brownbag lunch and networking reception included

## **RUNNING ORDER**

8.30AM Registration & Tea/Coffee

9.00AM Welcome

## 9.15AM Session 1: The Irish Perspective

This session will present research findings from the Intellectual Disability Supplement to The Irish Longitudinal Study on Ageing (IDS-TILDA) on morbidity, wellness, healthcare utilisation, social circumstances, family involvement, carer supports, and de-institutionalisation challenges and opportunities. Presenters will discuss policies, services and supports that improve the health, wellbeing and quality of life for individuals with an intellectual disability.

#### Session 1 Presenters:

Latest Findings from the Intellectual Disability Supplement to The Irish Longitudinal Study on Ageing (IDS-TILDA) – Professor Mary McCarron, Principal Investigator, and the IDS-TILDA Research Team, Trinity College Dublin

10.30AM Tea & Coffee Break

## 11.00AM Session 2: The UK Perspective

This session will compare IDS-TILDA data to UK trends with presenters focusing on what is known about dementia and other health issues among people with intellectual disabilities. This includes how research databases are effectively mined to yield clinical recommendations and how research is changing healthcare practice, particularly for GPs, nurses and other health and social care providers.

#### Session 2 Presenters:

Dementia and Other Health Concerns in Older Age for People with Intellectual Disabilities – Professor Tony Holland, Health Foundation Chair in Learning Disabilities, Department of Psychiatry, University of Cambridge

*Improving Health and Social Care: What the Research Tells Us – Dr. Gyles Glover,* Co-Director, Learning Disabilities Observatory Team, Public Health England.

## 12.15PM Lunch & Networking

# 1.15PM Session 3: Australian and American Perspectives

Making comparisons with IDS-TILDA data and drawing upon Australian and American findings, this session will present emerging best practices in supporting community living for people with intellectual disabilities, their families and other carers, and discuss retirement planning within the context of changing public policies. Data from the United States will evaluate efforts to realise the "community imperative" by adapting ageing-focused, evidence-based health promotion and self-management approaches to genuinely include people with intellectual disabilities in service planning and delivery.

## Session 3 Presenters:

Community, Family and Retirement Planning to Ensure Person-Centred Care through the Years: The Australian Perspective — Professor Roger Stancliffe, Centre for Disability Research and Policy, University of Sydney

Emerging Evidence-Base and Data-Driven Next Steps to Support Active, Healthy Ageing: The American Perspective — Professor Philip McCallion, Director, School of Social Work, Temple University and Adjunct Professor, Trinity College Dublin

#### 2.30PM Tea & Coffee Break

## 3.00PM Panel Discussion

Speakers and other panelists from government, health and advocacy sectors will respond to participant questions and discuss findings which have emerged from all three sessions, with a focus on identifying best practices in policies, service provision, and community supports relevant to the Irish context. A Policy Brief will be developed with recommendations to improve health, wellness and person-centred care for people with intellectual disabilities.

4.30PM Closing Remarks

5.00PM Networking & Wine Reception